Manhood Realities

SESSION ONE | Training Guide NOTES
Manhood Realities

I. INTRODUCTION

- Our world desperately needs better ________________________.

II. CURRENT MANHOOD REALITIES

1. Men are in a state of ____________________________.

2. Men are experiencing a general disappointment with life.

3. Men are experiencing ____________________________.

4. Men are lonely.
5. Men are ______________________________.

6. Men are turning to escapes to numb the pain.

7. Confused men create major _______________________. For example:
   
   • Recent statistics reveal that 90% of murders are committed by men. 88% of robberies are committed by men,¹ and 75% of all people arrested are men.²
   
   • “Gender is the single best predictor of criminal behavior: men commit more crime, and women commit less. This distinction holds throughout history, for all societies, for all groups, and for nearly every crime category.”³

8. Without a compelling __________________________ for manhood, men will settle for less in life.

III. HISTORICAL ROOTS OF OUR PRESENT MANHOOD CRISIS

1. Racism

2. The Industrial Revolution

3. The War Years

4. Feminism
5. Extended Adolescence

IV. CONCLUSION

1. You need to show up.

2. You need a team.

3. Preview of future sessions.
DISCUSSION / REFLECTION QUESTIONS

1. Why did you join this manhood journey? What expectations do you have personally?

2. What stood out to you the most from session one?

3. Are you experiencing any of the current “manhood realities” discussed?

4. Have any of the historical roots of our current manhood crisis affected you, if so how?
SUPPORTING RESOURCES

A historian’s explanation of extended adolescence.

A sociologist’s perspective on extended adolescence.


Rhoads, Steven E. Taking Sex Differences Seriously. Encounter Books, 2004. An analysis of the scientific evidence demonstrating that male and female role distinctions are based in biology and are not merely socially constructed.


Reflections on the advantages and disadvantages of race from a prominent antiracist author.

The content in the supporting resources above does not necessarily reflect the opinion of Authentic Manhood. Not all of the books are written from a Christian perspective. Readers should use these books as resources but form their own opinions.